

**IRONDEQUOIT HIGH SCHOOL  
POST HIGH SCHOOL PLANNING WORKSHOP  
WEDNESDAY, NOVEMBER 8<sup>th</sup>, 2023 (5:30 – 8:00 p.m.)**

Choose to attend any of the following presentations (some topics are offered during multiple sessions):

- Art Portfolio (Session 1)
- Athletics/NCAA (Session 1, 2)
- College Testing (Session 1)
- Community College (Session 2, 3)
- Financial Aid (Session 2, 3)
- First Time through the Post High School Planning Process (Session 1, 3)
- Four-Year SUNY Overview (Session 1, 2)
- Inside Admissions (Session 2, 3)
- Military (Session 2)
- Music Auditions (Session 1)
- Naviance Overview (Session 1, 3)
- REOC (Rochester Educational Opportunity Center) (Session 1)
- Resources of the IHS College and Career Center (Session 2)
- Selective College Admissions (Session 2, 3)
- Steps to College Search (Session 1, 3)
- Students with Disabilities Transitioning to Post-Secondary (Session 2)
- School to Work/Trades Fair \*

**\*The School to Work/Trades Fair will run from 5:30-7:30 p.m. in the Commons (near the main entrance of IHS).**

**Meet potential employers from local companies and unions, learn about educational opportunities related to working toward a skilled trade.\***

**Session 1 (5:30 – 6:15 p.m.)**

Session Topic	Description	Presenter	Room
Art Portfolio	• Preparation for art programs; Overview of admissions process and timelines; Portfolios	Sue Jacobs - IHS	1143
Athletics/NCAA	• Recruiting and communication; Eligibility process; Division I, II, and III	Kelly Cruttenden – U of Buffalo	1074
College Testing	• PSAT, SAT, and ACT; What test to take and when; How colleges use this information; Sending your scores	Andrew Palmer - IHS	1142
First Time through the Post High School Planning Process	• How to identify post high school goals; Where to start; Timeline of process	Gretchen Bush - IHS	1072
Four-Year SUNY Overview	• College vs. University Centers; Application process; SUNY approach to financial aid	Nina Smith - Brockport	1218
Music Auditions	• Preparation for these programs; Overview of admissions; process and timelines; Different types of auditions	Patty Welch – IHS	1071
Naviance Overview	• Overview of our post high school planning software; Features; How it is used with students	Michelle Laraby - IHS	1148
REOC (Rochester Educational Opportunity Center)	• REOC opportunities for students looking into the workforce	Patty Beaudrie – REOC	1217
Steps to College Search	• College research; Narrowing down options; Showing interest in schools	Kevin McDonald - IHS	1219

**(Turn Over for Session 2 and Session 3)**

## Session 2 (6:20 – 7:05 p.m.)

Session Topic	Description	Presenter	Room
Athletics/NCAA	<ul style="list-style-type: none"> <li>Recruiting and communication; Eligibility process; Division I, II, and III</li> </ul>	Kelly Cruttenden – U of Buffalo	1074
Community College	<ul style="list-style-type: none"> <li>Application Process; Transfer process; 2+2 programs</li> </ul>	MCC Admissions Counselor	1142
Financial Aid	<ul style="list-style-type: none"> <li>FAFSA; CSS Profile, Net price calculator; Example of financial aid package; Scholarship search engines; EOP/HEOP</li> </ul>	Renee Swift – St. John Fisher	Auditorium
Four-Year SUNY Overview	<ul style="list-style-type: none"> <li>College vs. University Centers; Application process; SUNY approach to financial aid</li> </ul>	Nina Smith - Brockport	1218
Inside Admissions	<ul style="list-style-type: none"> <li>Types of application (early decision, early action, regular decision, rolling admissions); What admission representatives are looking for</li> </ul>	Libby Pinti – St. John Fisher	1217
Military	<ul style="list-style-type: none"> <li>ASVAB (Armed Services Vocational Aptitude Battery); ROTC vs. academies; Branches; Reserves</li> </ul>	Andre D'Ambrosio – U of R	1143
Resources of the IHS College and Career Center	<ul style="list-style-type: none"> <li>Career Connections Program; Resources to help students reach their future career goals</li> </ul>	LaVon Bucciarelli – IHS	College and Career Center (1084)
Selective College Admissions	<ul style="list-style-type: none"> <li>What makes a competitive applicant to select schools; Role of test scores, strength of program, demonstrated interest, etc.</li> </ul>	Caroline Honsberger – U of R	1071
Students with Disabilities Transitioning to Post-Secondary	<ul style="list-style-type: none"> <li>Accessing services - documentation, process, parent role vs. student role; ACCES-VR</li> </ul>	Heather Lynch – IHS	1219

## Session 3 (7:10 – 8:00 p.m.)

Session Topic	Description	Presenter	Room
Community College	<ul style="list-style-type: none"> <li>Application Process; Transfer process; 2+2 programs</li> </ul>	MCC Admissions Counselor	1142
Financial Aid	<ul style="list-style-type: none"> <li>FAFSA; CSS Profile, Net price calculator; Example of financial aid package; Scholarship search engines; EOP/HEOP</li> </ul>	Renee Swift – St. John Fisher	Auditorium
First Time through the Post High School Planning Process	<ul style="list-style-type: none"> <li>How to identify post high school goals; Where to start; Timeline</li> </ul>	Gretchen Bush - IHS	1072
Inside Admissions	<ul style="list-style-type: none"> <li>Types of application (early decision, early action, regular decision, rolling admissions); What admission representatives are looking for</li> </ul>	Libby Pinti - St. John Fisher	1217
Naviance Overview	<ul style="list-style-type: none"> <li>Overview of our post high school planning software; Features; How it is used with students</li> </ul>	Michelle Laraby - IHS	1148
Selective College Admissions	<ul style="list-style-type: none"> <li>What makes a competitive applicant to select schools; Role of test scores, strength of program, demonstrated interest, etc.</li> </ul>	Caroline Honsberger – U of R	1071
Steps to College Search	<ul style="list-style-type: none"> <li>College research; Narrowing down options; Showing interest in schools</li> </ul>	Kevin McDonald - IHS	1219